



What is the “Neurodiversity Affirming” Movement?

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What is the “Neurodiversity Affirming” Movement?

“When a therapist is neurodiversity-affirming, they recognize that neurodivergence by itself is not a flaw or illness that needs to be “fixed” or corrected. They recognize that neurodivergence can come with its own set of strengths that can be fostered....

Neurodiversity-affirming therapy is not a specific set of interventions or things the therapist says or does in their sessions.... When a therapist is neurodiversity-affirming, they recognize that neurodivergence by itself is not a flaw or illness that needs to be “fixed” or corrected. At the same time, a neurodiversity-affirming therapist acknowledges and affirms that neurodivergence can also be disabling. If someone insists that neurodivergence is always a strength with no deficits, they are falling into the trap of toxic positivity and not honoring the full experience of neurodivergent people. In sum, a neurodiversity-affirming therapist is aware that each client is the expert on their own experience and holds space for the good and the bad that come with it. They let neurodivergent communities lead the way in determining the most appropriate language, treatment intervention, and resources rather than telling them what they need based on neurotypical expectations.” – Amy Marshall, Psy.D.

Full article - [What Does It Mean For a Therapist to Be Neurodiversity-Affirming? \(verywellmind.com\)](#)

Resources

- [Neurodiversity Terms and Definitions](#)
- [Learn Neurodiversity Terminology](#)
- [Neurodiversity: What You Need to Know](#)
- [What is neurodiversity? An Interview with the host of “The Neurodiversity” Podcast](#)
- [What does it mean to be neurodiversity affirming?](#)
- [What does neurodiversity affirming parenting look like?](#)
- [Don’t Mourn For Us by Jim Sinclair](#)
- [Identifying Neurodiverse-affirming therapists](#)
- [What makes a good therapist for your autistic child?](#)
- [Red Flags that your child’s therapy may be traumatizing](#)
- [Are these goals neurodiversity affirming?](#)



CCASC Resource Guide

- [Which therapies actually help autistic children?](#)
- [Finding the right SLP for your autistic child](#)
- [IEP Makeovers for Neurodivergent Students](#)
- [8 Features of an Accessible Learning Environment](#)
- [Why Not Token Boards](#)
- [Ableism](#)
- [What is ableism?](#)
- [“Social Skills Training”](#)
- [Social Skills Training and Research](#)
- [Teach me about functioning labels](#)
- [Teach me about spoon theory](#)
- [Autism is a dynamic disability](#)
- [Teach me about masking](#)
- [Autism Didn't Ruin That Event. My Own Expectations Did.](#)
- [Allism Spectrum Disorders: A Parody](#)

Videos

- [Why Everything You Know About Autism is Wrong](#)
- [Flipping the Autism Narrative](#) - links to many videos
- [What is Neurodiversity?](#)
- [See a child differently...](#)
- [Reading of “Don't Mourn For Us”](#)
- [Before I embraced neurodiversity...](#)
- [Language Shifts When Implementing Neurodiversity Affirming Practice](#)
- [Whats Really Behind Escape Behaviors?](#)
- [Neurotypical Based "Social Skills Instruction"](#)
- [How Conversations Shift When You Reframe Behavior](#)
- [The goal of therapy is not to make a kid less autistic](#)
- [Shifting Therapies towards an empathetic and respectful Neurodiversity Paradigm](#)
- [Compliance is not the goal: Letting go of control and rethinking support for autistic individuals](#)
- [Watch this if you think autism is bad](#)

Neurodiversity Affirming Social Media Accounts

- Lyric Rivera, Neurodivergent Rebel
[Lyric Rivera - Neurodivergent Rebel - YouTube](#)
[www.facebook.com/NeurodivergentRebel](#)
[www.instagram.com/NeurodivergentRebel](#)
[www.tiktok.com/@neurodivergentrebel](#)
- [Neurodivergent lou Facebook](#)



[Lou 🌈 ☹️ | Autism \(@neurodivergent_lou\) • Instagram photos and videos](#)
[Neurodivergent_lou \(@neurodivergent_lou\) | TikTok](#)

- [Mrs Speechie P](#)
[Andi Putt \(@mrsspeechiep\) | TikTok](#)
[Andi Putt • Autism • Speech Therapy \(@mrsspeechiep\) • Instagram photos and videos](#)
- [The Neurodivergent Teacher](#)
[Facebook](#)
[Instagram](#)
- [Neurowild](#)
[@neurowild • Instagram photos and videos](#)
- [Mona Delahooke](#)
[Dr. Mona Delahooke \(@monadelahooke\) • Instagram photos and videos](#)
- [I CAN Network Ltd](#)
- [More Than One Neurotype](#)
- [Autability](#)
- [Alliance Against Seclusion and Restraint](#)
- [Mom on the Spectrum Youtube Channel](#)
- [Ask an Autistic Youtube Channel](#)
- [Nurturing Neurodiversity Youtube Channel](#)

Neurodiversity Affirming Websites

- [Therapist Neurodiversity Collective](#)
- [Neuroclastic](#)
- [Autistic Self Advocacy Network](#)
- [Reframing Autism](#)
- [Not An Autism Mom](#)

Books

- [Connections Over Compliance: Rewiring Our Perceptions of Discipline: Desautels, Lori L](#)
- [Welcome to the Autistic Community](#) - free online book from the Autistic Self Advocacy Network
- [Start Here: a guide for parents of autistic kids - Autistic Self Advocacy Network](#)
- [Beyond Behaviors: Using Brain Science and Compassion to Understand and Solve Children's Behavioral Challenges: Delahooke, Mona](#)
- [Brain-Body Parenting: How to Stop Managing Behavior and Start Raising Joyful, Resilient Kids: Delahooke, Mona](#)



CCASC Resource Guide

- [Uniquely Human: Updated and Expanded: A Different Way of Seeing Autism Barry M. Prizant PhD](#)
- [Wonderfully Wired Brains: An Introduction to the World of Neurodiversity: Gooding, Louise, Burrows, Ruth](#)
- [100ish books on Autism and Neurodiversity](#)