Appointment Date Physician Name Medication Discussed	Shared Decision-Making (CEHANTISM) Guide: Medication This checklist is intended to support Shared Decision-Making when deciding if medication is right for you/your child. Shared Decision-Making is a collaborative approach for patients/families and their prescribing clinicians when discussing available healthcare options, share concerns, communicate preferences, and weigh the benefits and risks of all options.
Discussion Topics & Questions	Notes
Share what you hope the medication will do for you/your child OR the reason you have concerns about this medication.	
What symptoms will this medication help with?	
How does the medication work?	
What happens if I miss a dose OR stop the medication quickly?	
Is this a medication you s hould take with food or on an empty stomach?	
What side effects are common with this medication?	
How will I know if this medication is helping, AND how long should it take to see improvement?	

Who do I call if I have

How long before I should schedule a follow-up visit?

Are blood draws necessary before or after starting this medication, **AND** why is that important?

concerns?

