

# Pediatric Patient Form

Patient's Name: \_\_\_\_\_ Grade: \_\_\_\_\_ School: \_\_\_\_\_ IEP: Y/N  
Parent/Guardian Here Today: \_\_\_\_\_ Best Contact Number: \_\_\_\_\_  
Email: \_\_\_\_\_ Primary Care Physician (PCP): \_\_\_\_\_

## 1. Please circle YES or NO regarding CURRENT health problems/concerns.

|                                                                               |    |     |                                                            |    |     |
|-------------------------------------------------------------------------------|----|-----|------------------------------------------------------------|----|-----|
| Headaches                                                                     | NO | YES | Picky eater/limited diet/loss of appetite                  | NO | YES |
| Staring Spells/Tremors/Tics/Seizures                                          | NO | YES | Blood Sugar/Thyroid/Growth Problems                        | NO | YES |
| Hearing or Vision Concerns                                                    | NO | YES | Skeletal/Bone/Muscle Problem/Toe Walking                   | NO | YES |
| Dental Problem                                                                | NO | YES | Environmental Allergies                                    | NO | YES |
| Heart Problems                                                                | NO | YES | Skin Problems (rash, eczema)                               | NO | YES |
| Lung Problems (asthma)                                                        | NO | YES | Sleep Problems (falling/staying asleep/snoring)            | NO | YES |
| Urinary/Genital Problems                                                      | NO | YES | Psychiatric Hospitalizations (last year)                   | NO | YES |
| Diarrhea/Constipation                                                         | NO | YES | Toilet Trained: Day: NO / YES Night: NO / YES BM: NO / YES |    |     |
| Stomach Ache/Pain/Reflux                                                      | NO | YES | Do you worry your child may run away from you?             | NO | YES |
| Are there concerns with bullying?                                             | NO | YES | Do you feel your child is safe at home from abuse/neglect? | NO | YES |
| Have you had an EEG or MRI since last visit? If yes, please circle which one. |    |     |                                                            | NO | YES |

Please explain any current health problems/concerns: \_\_\_\_\_

## 2. Please circle YES or NO for the following preventative care questions.

|                                                                                                   |    |     |
|---------------------------------------------------------------------------------------------------|----|-----|
| Regular well child visits with Primary Care Doctor (Pediatrician/Family Provider at least yearly) | NO | YES |
| Regular visits with Dentist (every 6 months or yearly)                                            | NO | YES |
| Brushes teeth (at least once a day)                                                               | NO | YES |
| Vision checks (at least yearly)                                                                   | NO | YES |
| Flu shot (yearly)                                                                                 | NO | YES |
| Immunizations up to date                                                                          | NO | YES |

## 3. Please circle the services, therapies or resources your child is receiving.

|                                         |                            |                                                                        |
|-----------------------------------------|----------------------------|------------------------------------------------------------------------|
| Regional Center (SB40, BCFR)            | Easter Seals               | Parent Training                                                        |
| Bureau of Special Health Care Needs     | Physical Therapy (PT)      | ABA / EIBI / Pivotal Response Training                                 |
| First Steps / Parents as Teachers (PAT) | Occupational Therapy (OT)  | Family Therapy / Counseling                                            |
| PCIT (Parent-Child Interaction Therapy) | Speech Lang. Therapy (SLT) | Special Education / Learning Center / Resource Room / Private Tutoring |
| CBT (Cognitive Behavioral Therapy)      | SSI                        | Social Skills Training / Peer Mediated Social Intervention             |
| Other: _____                            | WIC                        | DIR (Developmental, Individual Differences, Relationship-Based)        |

## 4. If your child is on medications for behavior, please circle your goals for today's visit:

Stay the same / Decrease Medication / Increase Medication / Change Medication / Unsure

## 5. If your child is not on medication, are you considering medications as a treatment option? No / Maybe / Yes

## 6. Supplements/Special Diets: \_\_\_\_\_

## 7. Tell me one GREAT thing your child did last week. \_\_\_\_\_

## 8. Tell me about your child's developmental progress since last seen. \_\_\_\_\_

## 9. What questions would you like us to try to answer today?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

## 10. Is behavior a concern? YES or NO (If YES, please complete the back of this form)



| Behaviors:              |                                                                        | The purpose of this checklist is to help you decide which behaviors you feel are most important to discuss with your provider during your visit. |                                                                                                               |
|-------------------------|------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|
| Not at all              | Hypersensitivity (high activity level, "on the go," restless, fidgety) | Impulsivity (acts without thinking, trouble keeping hands to self)                                                                               | Short attention span (unable to focus on tasks)                                                               |
| Mild                    | Anxiety (too many fears, worries a lot)                                | Irritability/Frequent mood changes (testy, grouchy, oversensitive)                                                                               | Repeating thoughts & behaviors (thinks about/does the same thing over & over, hand flapping, opening/closing) |
| Moderate                | Depression/Sadness                                                     | Noncompliant Behaviors                                                                                                                           | Hurts himself/herself                                                                                         |
| Severe                  | Tantrums/Aggression                                                    | Elopement                                                                                                                                        | Other behaviors (please list):                                                                                |
| Extremely Severe        |                                                                        |                                                                                                                                                  |                                                                                                               |
| Less than once per week | What is the frequency of the behavior?                                 | Where is it a problem?                                                                                                                           | What is your priority?                                                                                        |
| 1-2 times per week      |                                                                        | At home                                                                                                                                          |                                                                                                               |
| 3-5 times per week      |                                                                        | At school                                                                                                                                        |                                                                                                               |
| Every Day               |                                                                        |                                                                                                                                                  | Number your top 3 concerns today (1, 2, 3)                                                                    |
| Many times per day      |                                                                        |                                                                                                                                                  |                                                                                                               |