





DATE: -

STUDENT NAME:. ____ COMPLETED BY: _

TODAY'S ACTIVITIES:





EDUCATION



MUSIC

OCCUPATIONAL

THERAPY



THERAPY



RECESS









CHOICE TIME

LUNCH

SNACK



SPEECH









TIME







MATH

READING

WRITING



THIS MORNING, I FELT: HAPPY SAD ENERGETIC SLEEPY CALM FRUSTRATED SICK.

THIS AFTERNOON, I FELT: HAPPY SAD ENERGETIC SLEEPY CALM FRUSTRATED SICK.

DURING WORK TIMES I WAS MOSTLY: WORKING HARD OFF TASK FOCUSED DISTRACTED.

I ATE ALL MOST A LITTLE NONE OF MY BREAKFAST/LUNCH & ALL MOST A LITTLE NONE OF MY SNACK.



I WENT POTTY TODAY! I STOCLED THE SAME MORE THAN LESS THAN USUAL.

ONE GREAT THING I DID TODAY WAS: _____ **Notes:**

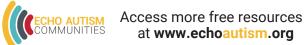
OVERALL, TODAY, I HAD NO (0) FEW (1-3) SOME (4-5) FREQUENT (6+) BEHAVIORS THAT IMPACTED MY DAY.





DATE:	
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STUDENT NAME			T CQWDTE	ETED BY:		
TODAY'S ACTI	VITIES:					
	S n S					
PHYSICAL EDUCATION	MUSIC	ART	RECESS	CHOICE TIME	LUNCH	SNACK
0 0				423		
SPEECH THERAPY	OCCUPATIONAL THERAPY	PHYSICAL THERAPY	COMPUTER TIME	MATH	READING	WRITING
THIS MC	PRNING, I FELT: HA	PPY SAD E	NERGETIC SLE	EEPY CALM	FRUSTRATED	SICK.
THIS AFTI	ERNOON, I FELT: H	APPY SAD	ENERGETIC SI	LEEPY CALM	FRUSTRATED	SICK.
DURING W	SRK TIMES I WAS 1	MOSTLY: WO	RKING HARD (SFF TASK FO	OCUSED DISTR	PACTED.
IATE ALL MOST	A LITTLE NONE (OF MY BREAKF	FAST/LUNCH&	ALL MOST	ALITTLE NON	IE of my snack.
I WEN	T POTTY TODAY! I	URINATED T	HE SAME MC	BRE THAN LE	ESS THAN US L	JAL.
I WEN	T POTTY TODAY! I	STOOLED T	HE SAME MC	BRE THAN LE	ESS THAN US L	JAL.
overall, today, i	HAD NG(0) FEW	(1-3) SØME	(4-5) FREQUE	NT (6+) BEHA	VIORS THAT IM	PACTED MY DAY.
ONE GREAT THING I DI	O TODAY WAS:					
Notes:						



MY DAILY JOURNAL STUDENT NAME: _____

SCIENCE

DATE:				COMPL	ETED BY:		
			Durin	g Readin	g, 1 felt	•	
SNIG BNG	НАРРУ	SAD	ENERGETIC	SLEEPY	CALM	FRUSTRATED	SICK
READING			During	work tim	ie, I was.	••	

GIVING MY BEST ON TASK DISTRACTED

During Math, I felt... ENERGETIC SLEEPY CALM MATH HAPPY SAD FRUSTRATED SICK During work time, I was... GIVING MY BEST ON TASK DISTRACTED

> During Science, I felt ... HAPPY SAD ENERGETIC SLEEPY CALM FRUSTRATED SICK During work time, I was...

GIVING MY BEST ON TASK DISTRACTED

During Social Studies, I felt... SOCIAL STUDIES HAPPY SAD ENERGETIC SLEEPY CALM FRUSTRATED SICK

During work time, I was... GIVING MY BEST ON TASK DISTRACTED

During Specials, I felt ... SPECIALS ENERGETIC SLEEPY CALM HAPPY SAD FRUSTRATED SICK During work time, I was... GIVING MY BEST ON TASK DISTRACTED

Overall, today, I had NO(0) FEW(1-3) SOME(4-5) FREQUENT(6+) behaviors that impacted my day. One great thing i did today was:______

> Overall, today was a GREAT GOOD OKAY TOUGH VERY DIFFICULT day!



MY DAILY JOURNAL STUDENT NAME: _____

			Durina			felt	
	НАРРУ	sAD	•			FRUSTRATED	SICK
			During v	work time	e, I was.	••	
		GIV	ING MY BEST	ON TA	sk	DISTRACTED	
			During		, ı f	elt	
	НАРРҮ	sAD	ENERGETIC	SLEEPY	CALM	FRUSTRATED	sick
			During	work tim	re, I was	•••	
		GIV	ING MY BEST	ON TA	sk	DISTRACTED	
			During		, ı f	elt	
	НАРРУ	SAD	ENERGETIC	SLEEPY	CALM	FRUSTRATED	SICK
			During	work time	e, I was.	••	
		GIV	ING MY BEST	ON TA	sk	DISTRACTED	
			During		, ı f	elt	
	НАРРУ	SAD	ENERGETIC	SLEEPY	CALM	FRUSTRATED	SICK
			During	work tim	re, I was	•••	
		GIV	ING MY BEST	ON TA	sk	DISTRACTED	
			During		, ı f	elt	
	НАРРУ	SAD	ENERGETIC	SLEEPY	CALM	FRUSTRATED	SICK
			During	work tim	re, I was	•••	
		GIV	ING MY BEST	ON TA	sk	DISTRACTED	
verall, today, 1 had	NO(0)	FEW(1	-3) SOME(4-5)	FREQUE	NT(6+) b	ehaviors that imp	acted my

Overall, today was a GREAT GOOD OKAY TOUGH VERY DIFFICULT day!



MY DAILY JOURNAL STUDENT NAME: _____

COMPLETED BY: _____

TODAY'S ACTIVITIES:



DATE:







ART



FREE TIME







SNACK



THERAPY



OCCUPATIONAL THERAPY



PHYSICAL THERAPY



COMPUTER TIME



MATH





WRITING

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This morning, I felt...

ENERGETIC SLEEPY CALM HAPPY SAD FRUSTRATED SICK

During work time, I was...

GIVING MY BEST

ON TASK

DISTRACTED

AFTERNOON

This afternoon, I felt...

HAPPY SAD ENERGETIC SLEEPY CALM FRUSTRATED SICK

During work time, I was...

GIVING MY BEST

ON TASK

DISTRACTED

1 ate ALL MOST A LITTLE NONE of my breakfast/lunch & ALL MOST A LITTLE NONE of my snack.

When I went to the bathroom today, I URINATED

I urinated THE SAME MORE THAN LESS THAN usual, today.

I stooled THE SAME MORE THAN LESS THAN usual, today.

Overall, today, I had NO(0) FEW(1-3) SOME(4-5) FREQUENT(6+) behaviors that impacted my day.

One great thing i did today was:______

Overall, today was a GREAT GOOD OKAY TOUGH VERY DIFFICULT day!





(CECHO AUTISM BEFORE SCHOOL REPORT

THE WEEK	of:	STUDENT NAME:
Date		COMPLETED BY:
MONDAY	Rate your child's sleep last night. VERY GOOD OK NOT GOOD Before school, my child URINATED STOOLED BOTH	Rate your child's mood before school. HAPPY SAD MAD SLEEPY ANXIOUS Before school, my child ATE A MEAL HAD A SNACK DID NOT EAT
NOTES		

Date _____

	Rate your child's sleep last night.	Rate your child's mood before school.
DAY	VERY GOOD OK NOT GOOD	HAPPY SAD MAD SLEEPY ANXIOUS
TUESDAY	Before school, my child	Before school, my child
	URINATED STOOLED BOTH	ATE A MEAL HAD A SNACK DID NOT EAT
\		
NOTES		
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	/	

Date _____

>	Rate your child's sleep last night.	Rate your child's mood before school.
:SD/	VERY GOOD OK NOT GOOD	HAPPY SAD MAD SLEEPY ANXIOUS
WEDNESDAY	Before school, my child	Before school, my child
\$	URINATED STOOLED BOTH	ATE A MEAL HAD A SNACK DID NOT EAT
\		
NOTES		
8		



(CECHO AUTISM BEFORE SCHOOL REPORT

THE WEEK OF:		STUDENT NAME:				
		COMPLETED BY:				
Date						
THURSDAY	VERY GOOD OK NOT GOOD Before school, my child	Rate your child's mood before school. HAPPY SAD MAD SLEEPY ANXIOUS Before school, my child				
NOTES	URINATED STOOLED BOTH	ATE A MEAL HAD A SNACK DID NOT EAT				
Date						
FRIDAY	VERY GOOD OK NOT GOOD Before school, my child	Rate your child's mood before school. HAPPY SAD MAD SLEEPY ANXIOUS Before school, my child ATE A MEAL HAD A SNACK DID NOT EAT				
NOTES						
What was the	e most amazing thing your child did thi	s week?				





(CECHO AUTISM BEFORE SCHOOL REPORT

STUDENT I	NAME:	COMPLETED BY:
<u> </u>	Rate your child's sleep last night. VERY GOOD OK NOT GOOD	Rate your child's mood before school. HAPPY SAD MAD SLEEPY ANXIOUS
DATE	Before school, my child URINATED STOOLED BOTH	Before school, my child ATE A MEAL HAD A SNACK DID NOT EAT
NOTES		

Access more free resources at www.echoautism.org

STUDENT NAME: _____ COMPLETED BY: ____



(CECHO AUTISM BEFORE SCHOOL REPORT

ш	Rate your child's sleep last night. VERY GOOD OK NOT GOOD	Rate your child's mood before school. HAPPY SAD MAD SLEEPY ANXIOUS
DATE	Before school, my child URINATED STOOLED BOTH	Before school, my child ATE A MEAL HAD A SNACK DID NOT EAT
NOTES		