

1. OPEN THE LID OF THE POTTY

Open the lid of the potty so you can see the water.



2. PULL DOWN YOUR PANTS & UNDERWEAR

Pull your pants down below your knees but above your ankles!

3. SIT ON THE POTTY



You may have to go **pee**, **poop** or **both**! Sometimes it takes a while before you are able to go and that is ok!

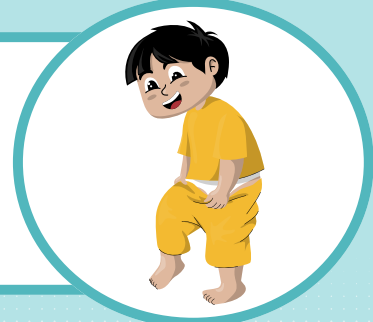


4. WIPE WITH TOILET PAPER

After all the **pee** or **poop** is out of your body, you need to wipe with toilet paper or wet wipes. If you went **pee**, you need to wipe your front. If you went **poop**, you need to wipe your back. If you went both, you need to wipe **both**!

5. PULL UP YOUR UNDERWEAR & PANTS

After you are done going and have cleaned up, pull your pants back up over your bottom. If you need help buttoning or zipping them, ask a trusted adult for help!



6. FLUSH & CLOSE THE LID TO THE POTTY

7. DON'T FORGET TO WASH YOUR HANDS!

