

Challenging Behavior



Challenging behaviors can be difficult to understand and to address. Although frustrating, difficult behaviors are ways that children communicate their feelings and needs. The following resources will provide you with information about behaviors commonly displayed by autistic people, why challenging behaviors occur, and tools to support someone with challenging behaviors.

Scan the QR Code with your phone camera



*Please note: this is not an exhaustive list of resources and they may be modified and updated on the ECHO Autism Website over time.



Behavior Basics

- Introduction to Behavioral Health Treatment
- How to use Behavioral Health Treatment to Help your Autistic Child
- Applied Behavioral Analysis - A Parent's Guide
- Video Toolkit: ABC



Challenging Behaviors

- Challenging Behaviors Toolkit
- Helping Your Child with Extreme Picky Eating
- Pica Guide
- Wandering Prevention Resources



Attention Deficit Hyper Activity Disorder (ADHD)

- ADHD Resource Center



Medication

- Medication Decisions and Pill-Swallowing
- ADHD - A Parents Medication Guide
- Should by Child Take Medication for Challenging Behavior?



ECHO Autism Communities Webinar & Expert Videos

- Take Action Webinar: Behavior Solutions
- Expert Video: Challenging Behaviors
- Expert Video: What is ABA Therapy?



Book Recommended by ECHO Autism Experts

- Parent Training for Autism Spectrum Disorder: Improving the Quality of Life for Children and Their Families

These resources can be found on the ECHO Autism Website at echoautism.org or you may scan the QR Code to go directly to the resources.