



# ABC Behavior Recording Sheet



For: \_\_\_\_\_

Date/Time and Place	Antecedent (What Happened Before the Behavior)	What Behavior Occurred and a Description	Your Actions following the Behavior/Consequence	Why Do You Think the Behavior is Happening?
	What were you and your child doing/saying before the behavior?	What did they do? What did they say?	What did you do ? What did you say ?	What are they trying to tell you? What do they want?