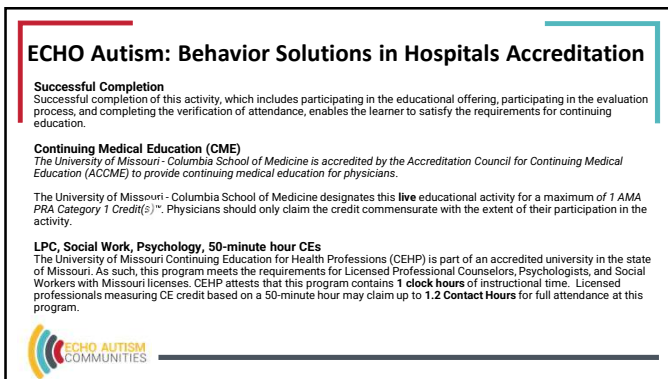




1



2



3

ECHO Autism: Behavior Solutions in Hospitals

Relevant Financial Relationship Disclosures

Current ACCME (Accreditation Council for Continuing Medical Education) rules state that participants in CE activities should be made aware of any relevant affiliation or financial interest in the previous 24 months that may affect the planning of an educational activity or a speaker's presentation(s). Each planning committee member and speaker has been requested to complete a financial relationship reporting form for the ECHO Autism: Behavior Solutions in Hospitals


Speaker Disclosures:

Kristin Sohl, MD,FAAP receives support:

- Cognoa Behavior Health – research support
- Quadrant Biosciences – medical science collaborator

All relevant financial relationships for the presenter(s) have been mitigated.

No other speaker or planning committee member has a relevant financial interest



4

The Facts


Common Healthcare Barriers

- Lack of trained clinicians
- Cost of services
- Culture and linguistic barriers = Delayed or no access to care

People on the Spectrum...

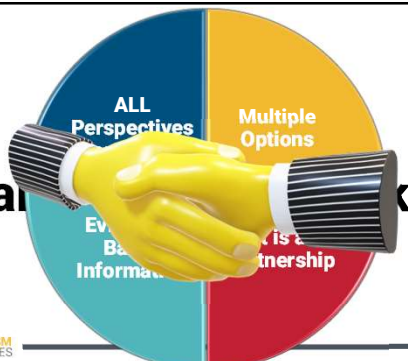
- Have an increased rate of morbidity/Decreased life expectancy
- Are 1.5-4.3 times more likely to develop conditions related to the heart, lungs, and endocrine system as adults

Inequities are only intensified by people who are otherwise disadvantaged



5

Shaking Hands




ALL Perspectives

Multiple Options

Evidence-Based


Partnership



6







Where do you start?


<p>Engage your patients/families</p> <ul style="list-style-type: none"> • Value family expertise & develop a partnership • Build on family strengths & their support systems • Share the care 	<p>Create a care team within your hospital</p> <ul style="list-style-type: none"> • Develop and use individualized care plans • Utilize a tracking mechanism to monitor progress 	<p>Develop partnerships with community systems</p> <ul style="list-style-type: none"> • Know your community resources • Create a form of reciprocal communication*
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7







What do families have to offer?


 <p>Extensive knowledge about capabilities, as well as limitations</p>	 <p>Invested in their loved one</p>	 <p>Interpretation of actions, behaviors, & language</p>	 <p>Invested in the outcomes</p>	 <p>Intuitive understanding of their loved one's autism</p>	 <p>Tireless advocates</p>
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8

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Tireless advocates

ECHO AUTISM COMMUNITIES

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ECHO AUTISM COMMUNITIES

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ECHO AUTISM COMMUNITIES

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-  Intuitive understanding of their loved one's autism
-  Tireless advocates



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Stressors for Families



- Grief/Guilt
- Tension between spouses
- Tension between siblings
- Adjusting to the new "normal"
- Therapist coming in/out of the home/taking child to multiple therapies




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Stressors for Families

- Worry about the future
- Loss of friends
- Financial responsibilities
- Navigating systems
- Events- church, family parties, friend's houses, play-dates
- Uncertainty of what the day holds
- Elopement

15

Stressors for Families

- Trying to attend to other children & their activities
- Tantrums
- Aggression/Self Injurious Behaviors
- Medical & psychiatric comorbidities
- Advice from EVERYONE!




16

C O M M U N I C A T I O N

R E S P E C T

T R U S T



H O N E S T Y




17

How can you help?

- Schedule extra time for appointments
- Listen
- Answer questions
- Value each family as an equal partner
- Help prioritize next steps for the family
- Help coordinate formal/informal supports

18

How can you help?

- Provide families with evidence-based resources
- Celebrate successes with families
- Focus and build on the positives that each child & family possess
- Let the families know it is ok not to have all the answers today
- Encourage self-care



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How can you help?

- Encourage families to share responsibilities
- Encourage communication between all family members
- Encourage families to go about day-to-day activities
- Encourage families to learn from the past & focus on the future
- End each visit on a positive note



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Interprofessional Collaboration is Essential



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