

Family Advocates Case Presentation

Record ID

32

ECHO **Autism**: Advocates

Case Presentation Form

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Complete this form to the best of your ability. This survey is individualized and should only be completed and submitted by the listed presenter/s. If your presentation includes patient information all protective health information should be excluded. An ID number (ECHO ID) has been created for your presentation and must be utilized when identifying your case/patient during clinic.

Email our clinic coordinator Michael Hansen at michaelhansen@health.missouri.edu if you have any questions or comments.

PLEASE NOTE: Project ECHO case consultations do not create or otherwise establish a provider-patient relationship between any UMH clinician and any patient whose case is being presented in a Project ECHO setting.

ECHO ID Case Number:

* must provide value

Presentation Date:

* must provide value

M-D-Y

Presenter Name:

* must provide value

Presenter City:

* must provide value

System Discussion Topic

* must provide value



Please provide example/s of what difficulties/barriers families face and what questions the group can answer to help you best support autistic

people and/or families of children with autism.

Example 1

* must provide value

There is a 26-year-old female. Her family consists of a father, stepmother, mother, brother, sister-in-law, and sister. She lives in her own apartment which is relatively neat.

She has serious mental health concerns, ADHD, and is on the Autism Spectrum.

Her support needs include structure, time to process information, assistance with writing, and time off for anxiety and depression. She receives social security and has housing assistance. She recently got a kitten and loves it.

Her ability to discuss articles, books, and videos is a strength. She works with Miss Amazing as a mentor and guide to contestants. She has been employed 8 of the past 10 years in service positions.

Her father and siblings are extremely protective. They have low expectations of her and control most of her activities. The relationship is contentious. Her mother seems compassionate, but apparently has no authority. The mother is more able to calm her and to explain that her father will calm down after he has a chance to think things over. At one point, she called him from the ER and he yelled at her. She did not end the call when the nurse came into the exam room.

- Brother controls her use of the car and frequently threatens to take it away.

- o She is not allowed to drive more than 4 miles from her apartment.

- Sees a psychiatrist and previously claimed he was excellent but was recently hospitalized where she had a different doctor that she really liked. He is retired from private practice.

- o I am familiar with her psychiatrist and his reputation is good.

- She wants a different therapist because hers objects to daily calls.

- o She was surprised when I told her that therapists don't expect calls between sessions.

- Anxiety attacks send her to the emergency room.

- Trust doesn't come easy. She has difficulty with being with strangers.

- Crowds make her anxious.

- She becomes angry and sarcastic when surprised by changes in events.

EB lacks self-confidence on the one hand but expects to be a key-note speaker at conferences. We went to her first conference last fall. She did an internship with me to complete coursework for her class in public administration. She will receive her Bachelor of Multidisciplinary Studies this year with a concentration in Behavioral Health and minor in Psychology. Although she is taking college classes and is graduating soon. She says she can never do anything to better herself.

I suspect there would be a diagnosis of borderline personality disorder in there somewhere.

Regarding this example, what question/s can we answer to help you best support autistic people and/or families of children with autism.

* must provide value

That brings me to my issue. I have an MA in Educational Psychology. I was a therapist in my previous life. I have consulted with a Psychologist and they believed I was okay with that issue. I also have difficulty with structure

Do you have another example to provide?

* must provide value

- Yes
 No

Have you recommended resources in the past that have been helpful to families experiencing challenges?

* must provide value

- Yes
 No

Are there any additional comments you would like to share?

* must provide value

- Yes
 No

Form Status

Complete?

Complete 