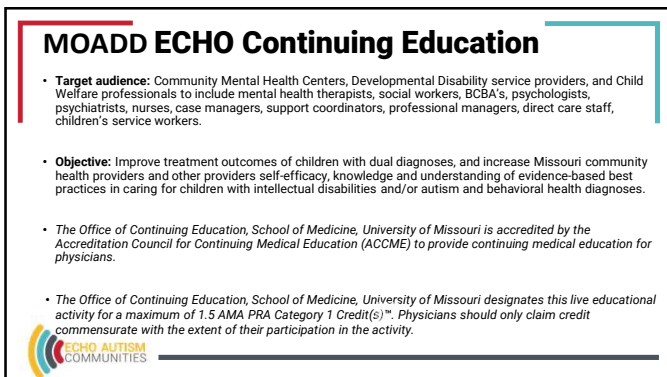




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MOADD ECHO Disclosures

Current ACCME (Accreditation Council for Continuing Medical Education) rules state that participants in CME activities should be made aware of any relevant affiliation or financial interest in the previous 12 months that may affect the planning of an educational activity or a speaker's presentation(s). Each planning committee member and speaker has been requested to complete a conflict of interest statement for the **MOADD ECHO series**.

Planning Committee Member & Speaker Disclosures:

- **Kristin Sohl, MD, FAAP has the following relationships:**
 - Cognoa – research funding
 - Quadrant Biosciences – advisory board
 - Autism Navigator – consultant

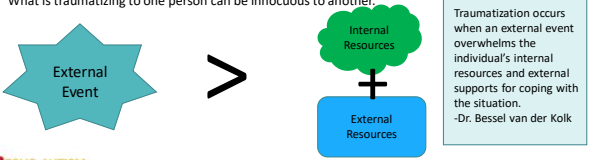

• **No other speaker or planning committee member has a relevant financial interest**



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What is trauma?

- Trauma occurs when an external event overcomes a person's internal and external resources.
- External resources can include: health insurance, family support, adequate housing, food security, etc.
- Internal resources can include: faith, resiliency, intelligence, self-efficacy, etc.
- What is traumatizing to one person can be innocuous to another.


5

What is System-Induced Trauma?

Situations in which organized systems create trauma, including those designed to mitigate trauma.

Often occurs when:

- ✓ Systems don't recognize signs/symptoms of trauma in their work
- ✓ Workforce has unaddressed trauma that impacts their interactions
- ✓ Systems are understaffed
- ✓ Lack of collaboration with other systems that could provide meaningful support
- ✓ Systems don't use trauma informed practices
- ✓ Systems are not intentionally trying to reduce re-traumatization



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Examples of Retraumatization

- Medical Procedures
- Out of Home Placements
- Abuse & Neglect
- Isolation, Restraint & Seclusion
- Suspension, Expulsion & Discharge
- Forced to Process Trauma
- Accused of Lying About Trauma
- Shamed & Blamed
- Dismissed & Invalidated
- Judgment & Discrimination

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How does retraumatization effect someone?

- Loss of trust and security
- Pessimism, fatalism, and cynicism
- Less enthusiasm for treatment or optimism about its benefits
- More intense-than-normal flashbacks and nightmares
- Persistent fears or paranoia, hypervigilance
- Increased frequency and reactions to triggers
- Reluctant to leave safe environments
- Greater reactivity to stress
- Increased susceptibility to other behavioral health conditions
- Higher incidence or self-harm, including attempts at suicide
- Possible delusions or hallucinations related to the re-experiencing

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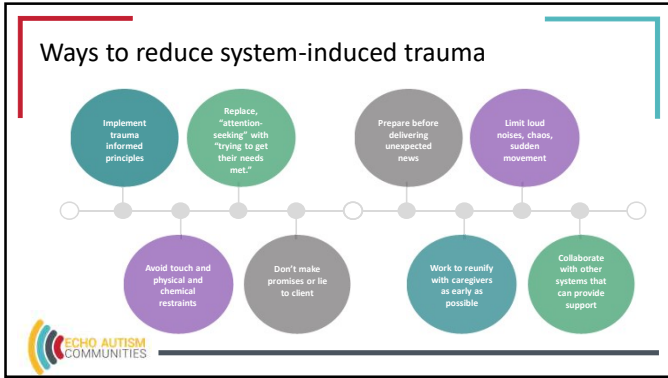
Secondary Adversities

Traumatic events often generate secondary adversities, which are other hardships and potential trauma exposure that can persist for longer periods of time and cause more impairment than the initial trauma exposure.

Examples might include: family separations, financial hardship, relocations to a new residence and school, social stigma, ongoing treatment for injuries and/or physical rehabilitation, and legal proceedings

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Education
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OPEN

MOADD

Medication
The medication management process is a complex one that involves many different stakeholders, including the patient, the caregiver, the prescriber, and the pharmacist. It is important to ensure that the medication management process is coordinated and consistent across all stakeholders to ensure the best possible outcomes for the patient.

Methodology
The methodology used in the development of the MOADD app is based on a combination of user-centered design and agile development. This approach allows us to iterate and improve the app based on user feedback and changing requirements.

Read Programs
The Read Programs section of the app provides users with access to a variety of educational resources, including articles, videos, and interactive tools. These resources are designed to help users better understand the medication management process and the role of the MOADD app.

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Project ECHO

M Pediatrics
School of Medicine
University of Missouri

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