

Family Advocates Case Presentation

Response was completed on 02/15/2024 5:54pm.

Record ID 30

ECHO Autism: Advocates

Case Presentation Form

Alicia Brewer Curran, BS, Grad Cert; Brett Moore, DO; Mary Turner, MSW, LCSW; Amber Cheek, JD; Matt Waggoner, MA; Lukin Murphy, BCBA; Tec Chapman, ABD

Complete this form to the best of your ability. This survey is individualized and should only be completed and submitted by the listed presenter/s. If your presentation includes patient information all protective health information should be excluded. An ID number (ECHO ID) has been created for your presentation and must be utilized when identifying your case/patient during clinic.

Email our clinic coordinator Michael Hansen at <u>michaelhansen@health.missouri.edu</u> if you have any questions or comments.

PLEASE NOTE: Project ECHO case consultations do not create or otherwise establish a providerpatient relationship between any UMH clinician and any patient whose case is being presented in a Project ECHO setting.

| * must provide value | FA068 |
|---|-------------|
| Presentation Date: * must provide value | 02-15-2024 |
| Presenter Name: * must provide value | Kate Echols |
| Presenter City: * must provide value | Monett |
| System Discussion Topic * must provide value Family Support | |

Please provide example/s of what difficulties/barriers families face and what questions the group can answer to help you best support autistic people and/ or families of children with autism.

Example 1

* must provide value

16 year old trans female with new diagnosis of Autism. History of major depression with psychotic features, suicidal ideation, anxiety, more than 8 in-patient hospitalizations in past year for Suicidal ideation, ADHD, gender dysphoria, DMDD. Meds: Latuda and Lithium. Medical history of: prematurity (and a twin), CP, and 2 childhood surgeries for CP, absent septum pellucidum. History of OT, PT, SP, but not now. She can walk mostly normally, no issues with speech, academically doing "OK" except for missing 70 days of school related to the hospitalizations. Had an IEP, but not now. Family life: Lives mostly with Dad, parents are divorced. She stayed with Mom for a while and now has stopped taking meds. Mom may be an "alcoholic". There was an incident that was investigated by CPS, and now it is "cleared up" per Dad's report, but Dad is not on good terms with school principle and wants to get IEP once things settle down. The teen has an escort at school every day for history of suicidal and homicidal ideation. She has trouble with emotional regulation and has a place to clam down at school. She and Dad both go to therapy once to twice a week with Compass Health and is on a waiting list for DBT. Compass is helping Dad apply with Regional Office. Dad says he feels like he "has no support". The teen, she's not quite grasping or accepting the diagnosis; she also doesn't

want to go back on the meds. This family is exhausted and there are two other teens in the house. Regarding this example, what question/s can we answer to help you best support autistic people and/or families of children with autism. * must provide value What resources can we give Dad and Mom to help his daughter's life become more stable? Is school too much or is it a place of stability? Dad doesn't want her to have an escort at school. How would that happen? How important is it to accept an ASD diagnosis? Do you have another example to provide? * must provide value Yes No Have you recommended resources in the past that have been helpful to families experiencing challenges? * must provide value Yes O No Please tell us more about the resources you have utilized. * must provide value Regional Office, ECHO autism website, Autism Speaks website, MPACT and DESE, 100 Day Toolkit, Health for Teens, FACT and Easter Seals, Article on Autism and Depression. 2 -1 - Not helpful Somewhat 3 - Very helpful Please rate how helpful these resources have been. helpful * must provide value Are there any additional comments you would like to share?

- * must provide value
- Yes
- O No

Please describe:

* must provide value

| I'm not sure how helpful these resources have been, but will follow up later. | |
|---|------------|
| Form Status | |
| Complete? | Complete 🗸 |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |