

EI Recommendations

Record ID

9

ECHO Autism Early Intervention

Ages 0-8 Years

Recommendations Form

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Michelle Haynam, MS Ed.**

Email our clinic coordinator **Sarah Towne** at sarahtowne@health.missouri.edu if you have any questions or comments.

PLEASE NOTE: Project ECHO case consultations do not create or otherwise establish a provider-patient relationship between any UMH clinician and any patient whose case is being presented in a Project ECHO setting.

Presenting Provider Name: Shelly Mantel

ECHO ID: EI0051

Presentation date: 02-12-2024

Presenting Question:

See Below

Additional Identified Concerns:

How to help him overcome impulsivity/ limited understanding of cause and effect as it relates to safety and repetitive behaviors.
Improve his social skills and peer play.
Explore behavioral strategies to improve compliance and help him be more available to learn with his peers.

After review of information provided and discussion of the case, the following recommendations are provided:

1)

- Meet him where he is and then challenge him on one skill that would be just above his level
- Has a functional behavioral assessment (FBA) been completed? What are the antecedents to his behavior?
- Work on negations with him during language therapy (i.e. "Do not run"...what does that mean? "You should not touch that.")
- What does he like to play with and start there with teaching play with one other peer within a structured session.
- Keeping developmentally appropriate toys and activities in mind that are equivalent with his developmental level
- Good visual schedule within his sessions as well as for his school day
- Choice board, he can choose an activity with the choice board
- "STOP" sign on the door paired with social story to help if he is eloping and running out of class
- Is he working on the picky eating at school? Is he hungry? Potentially causing some behaviors.
- Does he have a reaction when he eats gluten or dairy? What type of reaction?
- Did stopping the foods cause any changes with behavior?
- Co-treating between learning specialist and the SLP, potentially a social language group.
- Are there any community activities of interest to him that he could get involved with?

2)

- Promote play and social skills by meeting him where he is. What is his preferred play and what is one challenge you could add such as slightly changing who he plays with, where, when, or how.
- Ask paraprofessionals if they could take some data about his behavior which could benefit a functional behavior assessment or other behavior plan decision makers.
- Consider the use of visual supports or video models to support his adaptive skills such as toileting and washing hands to encourage more appropriate bathroom behavior. This might include incorporating water play or other sensory stimulation at other points throughout the day.

3)

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The following toolkits/resources may be helpful:

General ASD Information

- A Parents Guide to Autism
- A Grand Parents Guide to Autism
- 100-Day Kit

Medical

- Managing Constipation Guide
- Dental Guide
- Exploring Feeding Behavior in Autism
- Sleep Strategies Guide
- Sleep Strategies for Teens Guide

A Parent's Guide to Toilet Training

Medications

- Melatonin Guide
- Medication Decision Aid for Parents
- Safe Medication Toolkit

Behavior

- ADHD Resources- https://www.aacap.org/AACAP/Families_and_Youth/Resource_Centers/ADHD_Resource_Center/Home.aspx
- Anxiety Strategies Guide
- A Parent's Guide to Applied Behavior Analysis
- Behavioral Health Treatment Guide
- Challenging Behaviors Tool Kit
- Haircutting Training Guide
- A Parent's Guide to Pica
- Visual Supports

Adolescent/Transition

- Healthy Bodies for Boys
- Healthy Bodies for Girls
- Puberty and Adolescent Guide

Safety

- Big Red Safety Toolkit

Financial

- Financial Resources in Missouri
- Financial Planning Tool Kit

Websites

- Autism Navigator - www.autismnavigator.com
- Essentials for Parenting Toddlers and Preschoolers - <https://www.cdc.gov/parents/essentials/videos/index.html>
- OCALI - www.ocali.org
- Learn the Signs Act Early - <https://www.cdc.gov/ncbddd/actearly/index.html>

Additional comments and recommendations:

We recommend that you present this case again in:

Signature: *Brittney Stevenson, MOT, OTR/L ; Michelle Dampf, MA, CCC-SLP*

Date:

 M-D-Y

Form Status

Complete?