

## EI Case Presentation

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# ECHO Autism Early Intervention

## Ages 0-8 Years

### Case Presentation Form

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Michelle Haynam, MS Ed.**

Complete this form to the best of your ability. This survey is individualized and should only be completed and submitted by the listed provider. A unique confidential patient ID number (ECHO ID) has been provided that must be utilized when identifying your patient during clinic.

Email our clinic coordinator **Sarah Towne** at [sarahtowne@health.missouri.edu](mailto:sarahtowne@health.missouri.edu) if you have any questions or comments.

**PLEASE NOTE: Project ECHO case consultations do not create or otherwise establish a provider-patient relationship between any UMH clinician and any patient whose case is being presented in a Project ECHO setting.**

Presenting Provider Name:

ECHO ID:

Clinic/Facility:

Provider Phone Number:

Provider Fax Number:

Presentation date:

M-D-Y

# Patient Data

Biological Gender:

Male  Female  Unsure

Patient Age:

3

7

Insurance:

None ▼

Insurance Company:

Race:

White/Caucasian ▼

Ethnicity:

▼

# Patient Outcomes

Who referred the child to you?

Family ▼

How long has the child been in your care?

12 months

Has the patient received a diagnosis?

Yes ▼

If so, when?

9/12/22

By which physician?

child psychiatrist

How long did the patient have to wait to see you?

1 month

How long has the patient been in your care?

12 months

Is the patient in individual or group intervention?

Individual ▼

How often do you see the patient?

3 one hour session in a week

How many sessions have you had with the patient?

144

Who typically accompanies the patient to clinic appointments?

mother

How far did the patient travel to get to you office?

Miles:

5.1

Hours:

0

Minutes:

35

# List the questions you would like help with.

1)

Could we start to use alternative communication, PECS, or any other?

2)

3)

## Birth History

### Exposures during pregnancy:

Smoking  Alcohol  Valproic Acid  Street drugs/other  Unknown

### Other:

arterial hypertension

### Gestational age:

35

(weeks)

### Birth weight:

5.95

(lbs)

(oz)

### Delivery mode:

Vaginal  C-section

### If C-section, why?

Mother had urinary tract obstruction and got surgery (to remove blockage)

### Presentation:

Breech  Head first

### Were there newborn problems?

Yes  No

**If yes, explain:**

respiratory distress syndrome

**Please check all of the following that apply:**

- In NICU
- Required intubation
- Seizures
- Birth defects
- Feeding issues in infancy
- Other

**Comments:**

The baby was treated in NICU for a week.

## Development History

**Communication Ability** (Please indicate the child's highest communication/s)

- Nonverbal (e.g., no functional words)
- Uses single words
- Uses 2-3 word phrases
- Uses sentences
- Chats with other
- Uses gestures (e.g., pointing, waving and/or leads other to wants/needs)

**Behavior Concerns**

- Short attention span
- Hyperactivity
- Obsessive-compulsive
- Aggressive
- Hurting animals or other people
- Unusual or excessive fears
- Depression
- Defiant
- Self-injury (e.g., head banging, biting, scratching, cutting, picking, etc.)
- Toileting issues, accidents
- Irritability/Moodiness
- Hallucinations

**Comments:**

He is nonverbal, communicates by crying, and has the following communicative intentions: request, refusal, and avoidance. Recently he started to request by coming close to the subject he wants, expressing refusal pulling aside the subject, or sometimes shaking his head accompanied by vowelizing.

# Medical/Psychiatric History

**Please list all diagnosis, surgeries, illnesses and or any significant medical history:**

**Diagnosis/Illness:**

Autism Spectrum Disorder

**Age:**

2 y 9 mo

**Date - Year:**

9/12/22

**Professional making diagnosis:**

child psychiatrist

**Diagnosis/Illness:**

**Please list current medications and supplements:**

**Medication:**

**Please check all of the following that apply:**

- Seizures
- Tic Disorder
- Staring spells
- Toe walking
- Hypertonia
- Hypotonia
- Microcephaly
- Macrocephaly
- Chronic stomach ache/pain/reflux
- Chronic constipation
- Chronic diarrhea
- Chronic ear infections
- Food allergy
- Environmental allergies
- Skin problems (e.g., rash, eczema)

**Comments:**

He has dermal eczema (unknown cause) mostly in springtime. While being in the cold weather skin turns red and peels.

# Testing

## Have the following tests been performed?

### Chromosomal Microarray

Yes  No  Unknown

### Karyotype

Yes  No  Unknown

### Fragile X DNA

Yes  No  Unknown

### MRI of the brain

Yes  No  Unknown

**Results:**

no significant change

### EEG

Yes  No  Unknown

### Sleep study

Yes  No  Unknown

### Lead blood level

Yes  No  Unknown

### Audiologic (hearing) exam

Yes  No  Unknown

**Results:**

normal

### Vision screening

Yes  No  Unknown

### Academic testing

Yes  No  Unknown

### Intelligence testing

Yes  No  Unknown

**Comments:**

# Dietary/Nutrition/Metabolic

Please check all of the following that apply:

- Problem eater (Less than 10 foods)
- Picky eater (Less than 20 foods)
- Special Diet
- Pica (Eating/craving non-food items)
- Chewing or swallowing issues
- History of growth concerns - Overweight
- History of growth concerns - Underweight

**Which beverages does the child drink regularly?**

- Water    Milk    Juice/Sweetened beverages

**Approximately how much water does the child drink per day?**

(oz)

**How often is water accessible?**

- At meals/snack times    Access to water available all day

**Comments:**

He is a problem eater. He doesn't eat any porridge, meat products, or fruits. He doesn't drink any beverage except water as he doesn't like any colored liquids.

## Sleep History

**Rarely** = never or 1 time/week; **Sometimes** = 2-4 times/week; **Usually** = 5 or more times/week

**Does the child fall asleep within 20 minutes? If yes, how often?**

- No    Rarely    Sometimes    Usually    Unsure

**Is falling asleep a problem?**

- No    Rarely    Sometimes    Usually    Unsure

**Does the child awaken more than once during the night? If yes, how often?**

- No    Rarely    Sometimes    Usually    Unsure

**Is this a problem?**

**Comments:**

He falls asleep at about 11 PM but may wake up early morning (3 - 5 AM) and stay awake for a minimum of 3-4 hours, then he falls asleep again. So, he has a hard time waking up in the morning to go to kindergarten or to the therapy session. He took melatonin pills for about 4 months 6 months ago, but it didn't help.

## Trauma/Abuse History

	No	Yes		Suspected
<b>Trauma/Abuse History</b>	<input checked="" type="radio"/>	<input type="radio"/>		<input type="radio"/>

Physical Abuse

Sexual Abuse

Comments:

## Social History

Child resides with:

Biological Parents

Has legal custody of the child:

Both parents

Biological parents are:

Married

How many people live in the home *not* including the child?

4

### Who lives in the home with the child?

Relationship (1/2 sib, step-parent, etc.):

sister

Age:

2 years old  
(yrs) (mos)

Gender:

Female

Relationship:

mother

Age:

30  
(yrs) (mos)

Gender:

Female

Relationship:

father

Age:

34  
(yrs) (mos)

Gender:

Male

Relationship:

Age:

Gender:

List other significant caregivers that live outside the home (e.g., family, friends, grandparents, neighbor):



Frequently a 6-year-old cousin visits the family, with whom he feels joy.

Comments:

## Family History

### Condition/Disorder

	Mom	Dad	Brother	Sister
Genetic Disorders	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Autism Spectrum Disorder	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Intellectual Disability	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Learning Disability	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Seizure Disorder (e.g., epilepsy)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Mental Health Concerns (e.g., Depression, Anxiety Disorder, Bipolar)	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Childhood deaths	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Birth defects	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Dysmorphology	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Substance abuse	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Comments:

Uncle, the brother of Dad, has schizophrenia. The main concern of the family is whether he will repeat his uncle's fate.

## Child Care or Educational History

What is the child's current child care or educational placement? (Please check all that apply)

- Parents provide full time child care at home
- In-home child care (other caregiver)
- In-home day care
- Day care center
- Preschool
- Head Start or Early Head Start
- Homeschool
- 1st Steps
- Public School
- Private School

**Does the child participate in either of the following?**

- Early Intervention Services (First Steps or Birth-3 Program)  Early Childhood Special Education (ECSE)

**If the child attends child care or school outside the home, what is the typical schedule?**

- Full Day  Part Day

**Does the child have an IEP or 504 plan?**

- Yes  No

**Comments:**

He has been attending kindergarten since September. It is still difficult for him to fully adapt, so, he stays there for only 2 hours. Last year his mother tried to bring him to the kindergarten and stayed with him, but he couldn't adapt to the new space and new people and cried non-stop.  
Receives Early Start Denver Model therapy - 1 h session 3 times a week.

## Outside Resources

### Resources:

- Bureau of Special Health Care Needs
- Behavioral Therapy/ABA
- Easter Seals
- Division of Family Services (DFS)
- Physical Therapy (PT)
- Parents as Teachers (PAT)
- WIC
- Counseling
- Regional Center (Dept. of Mental Health)
- Speech Language Therapy (SLT)
- Psychiatric Services
- First Steps
- Occupational Therapy (OT)
- Social Security Disability (SSI)
- None of the above
- Other

**Is Physical Therapy provided in an outpatient or school setting?**

- Outpatient  
 School Setting  
 Both

**Is Speech Language Therapy provided in an outpatient or school setting?**

- Outpatient

- School Setting
- Both

## Comments

He receives PT and SLT at another rehabilitation center (state program).

# Social Communication

## A1. Deficits in social-emotional reciprocity. (Click all that apply)

- Unusual social initiations (e.g., intrusive touching, licking or others)
- Use of others as tools (e.g. child uses your hand to initiate a task)
- Failure to respond when name called or when spoken directly to
- Does not initiate conversations
- Lack of showing or pointing out objects of interest to other people
- Lack of responsive social smile
- Failure to share enjoyment, excitement or achievements with others
- Does not show pleasure in social interactions
- Failure to offer comfort to others
- Only initiates to get help

## A2. Deficits in nonverbal communicative behaviors used for social interaction (check all that apply)

- Impairments in social use of eye contact
- Impairment in the use and understanding of body postures (e.g. facing away from listener)
- Impairment in the use and understanding of gestures (e.g. pointing, waving, nodding head)
- Abnormal volume, pitch, intonation, rate, rhythm, stress, prosody or volume in speech
- Lack of coordinated verbal and nonverbal communication (e.g. inability to coordinate eye contact or body language with words)

## A3. Deficits in developing, maintaining, and understanding relationships

- Inability to take another person's perspective (4 years or older)
- Does not notice another person's lack of interest in an activity
- Lack of response to contextual cues (e.g. social cues from others indicating a change in behavior is implicitly requested)
- Inappropriate expressions of emotion (laughing or smiling out of context)
- Lack of imaginative play with peers
- Does not try to establish friendships
- Lack of cooperative play (over 24 months of age)
- Lack of interest in peers
- Withdrawn; aloof; in own world
- Prefers solitary activities

# Restricted/Repetitive Behavior

## B1. Stereotyped or repetitive motor movements, use of objects, or speech

- Lining up toys
- Nonfunctional play with objects (Examples: dropping items repetitively, holding objects for long periods of time without purpose)
- Repetitively turns on/off lights
- Echolalia
- Idiosyncratic phrases (Example: "crunchy water" for ice)
- Hand flapping

- Rocking
- Flicking fingers in front of eyes
- Opening/closing doors
- Spinning
- Unusually formal language (Example: little professor talk)
- Jargon or gibberish past developmental age of 24 months
- Use of "rote" language
- Pronoun reversal and/or refers to self by own name
- Repetitive vocalizations (Examples: unusual squealing, repetitive humming)
- Abnormal posture (Examples: toe walking, intense full body posturing)
- Excessive teeth grinding
- Repetitive picking

**B2. Insistence on sameness, inflexible adherence to routines, or ritualized patterns of verbal or nonverbal behavior**

- Difficulty with transition
- Unusual routines
- Repetitive questioning about a particular topic
- Extreme distress with small changes
- Rigid thinking patterns (Examples: inability to understand humor or nonliteral aspects of speech such as irony)
- Greeting rituals or other verbal rituals
- Compulsions (Example: must turn in a circle three times before entering a room)
- Need to take some route or eat same food every day

**B3. Highly restricted, fixated interests that are abnormal in intensity or focus**

- Strong attachment to or preoccupation with unusual objects (Examples: fans, elevators)
- Excessively circumscribed or perseverative interests (Examples: dinosaurs, alphabet, shapes)
- Being overly perfectionistic
- Excessive focus on nonrelevant or nonfunctional parts of objects (Example: overly focused on wheels on car)
- Attachment to unusual inanimate object (Example: measuring cup or ring from canning jar)
- Unusual fears (Example: people wearing earrings or hats)

**B4. Hyper- or hypo-reactivity to sensory input or unusual interest in sensory aspects of the environment**

- Apparent indifference to pain/temperature
- Adverse response to specific sounds or textures (Examples: tactile defensiveness, significant aversion to nail cutting)
- Excessive smelling, licking or touching of objects
- Visual fascination with lights or movement (Examples: close visual inspection of objects or self for no clear purpose)
- Excessive movement, seeking behavior

**Additional Comments**

He walks on tip-toe; likes and touches objects with only specific textures; interests are very restricted, and the play is stereotyped (spinning car wheels and watching from the side, lining things up, and then running around them).  
 He likes to put small objects in his mouth, doesn't swallow, just keeps it in his mouth, takes it out, looks at it, and puts it back, again and again. The object can be a part of a toy, a small stone, wheat, raw buckwheat, or any small object.

**Proposed Recommendations:**

Based on my assessment, the following recommendations are proposed for the child:

1)

Make the environment at home more structured.

2)

Create routines and have a day plan.

3)

Mom was recommended to wait before the child's communicative cues.

4)

Use existing social routine (play) to increase interest and provoke demand for a particular activity.

5)

6)

**Form Status**

**Complete?**

Complete ▼