

EI Recommendations

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Record ID

4

ECHO Autism Early Intervention

Ages 0-8 Years

Recommendations Form

**Brett Moore, DO; Brittney Stevenson, MOT, OTR/L;
Michelle Dampf, MA, CCC-SLP; Laura Barnes, MS, BCBA, LBA;
Michelle Haynam, MS Ed.**

Email our clinic coordinator **Sarah Towne** at sarahtowne@health.missouri.edu if you have any questions or comments.

PLEASE NOTE: Project ECHO case consultations do not create or otherwise establish a provider-patient relationship between any UMH clinician and any patient whose case is being presented in a Project ECHO setting.

Presenting Provider Name: Michelle Stonecipher

ECHO ID: EI0046

Presentation date: 10-23-2023

Presenting Question:

See Below

Additional Identified Concerns:

Nonverbal, short attention span, obsessive-compulsive, aggressive, unusual or excessive fears, toileting issues, moodiness. Child refuses to begin tasks by banging head on the floor after flailing his body back. Recently has begun to lean forward to bang his head and does it with greater intensity.

After review of information provided and discussion of the case, the following recommendations are provided:

1)

SLP Recommendations:

- 1) Get a helmet for use at school. If you can put it into the IEP in the Assistive Technology section then you may be able to get it reimbursed <https://at.mo.gov/at-reimbursement-for-schools/>
- 2) Use his preferred items to get his buy-in into play and therapy for communication
- 3) Start the PECS program and move through phase 4 then start with a speech-generating device or app (i.e. TouchChat or LAMP) to see which he prefers. Can also seek an evaluation through a site: <https://at.mo.gov/information-resources-publications/at-aac-evaluation-sites.html>
- 4) Visual supports toolkit: <https://vkc.vumc.org/assets/files/resources/visualsupports.pdf>
- 5) Another recommendation are these free webinars through Autism Navigator:
<https://nam02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fautismnavigator.com%2Fwebinar-autism-navigator-for-classroom-success-in-prek-through-2nd-grade%2F&data=05%7C01%7Csarahtowne%40health.missouri.edu%7C914454f3217a4aff538308dbd3eefbf4%7Ce3fefdbef7e9401ba51a355e01b05a89%7C0%7C0%7C638336795601318327%7CUnknown%7CTWFpbGZsb3d8eyJWljiMC4wLjAwMDAiLCJQIjoiV2luMzliLCJBTil6Ikl1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=vVPoiGAddyrtXi8LBAYnqmleQ%2B1eHgo2D0h%2F%2BxuVZmw%3D&reserved=0>

2)

1. Do a preference inventory/reinforcement. What does he like? Movement, music, tactile, objects, novelty, edible, etc.
2. Coordination with outside therapies would be fantastic such as speech-language, ABA and occupational therapy.
3. SB40 Board can really be crucial in helping coordinate services and locate specialists such as sleep specialists. Could rely on ABA here to support sleep but environment supports should be explored such as coaching mother on sleep hygiene, environmental supports such as location, bed, temperature, routine before bed, etc.

3)

1. Consider outside SLT if possible to help with ongoing communication and feeding assistance
2. Discuss with primary care provider about falling asleep in class, they may want to look into this more
3. SB40 Board/Regional Office can help with waivers, which family might be able to access money to help with a variety of needs
4. If family has Medicaid, they can help pay for transportation
5. Toolkits: Sleeping, eating, sibling
 - a. Can be found on Echoautism.org

4)

1. Find LOTS of toys that he might like to engage with- think toys that light up, make noise, cause n effect
2. Fun interactive books: touch n feel, flap books, make noise, light up
3. Provide lots of choices (start with just 2 items)
4. Use PECS or pictures for a very simple visual schedule, start slow with limited pictures (like 1st this then that)

5)

6)

7)

8)

9)

10)

11)

12)

The following toolkits/resources may be helpful:

General ASD Information

- A Parents Guide to Autism
- A Grand Parents Guide to Autism
- 100-Day Kit

Medical

- Managing Constipation Guide
- Dental Guide
- Exploring Feeding Behavior in Autism
- Sleep Strategies Guide
- Sleep Strategies for Teens Guide
- A Parent's Guide to Toilet Training

Medications

- Melatonin Guide
- Medication Decision Aid for Parents
- Safe Medication Toolkit

Behavior

- ADHD Resources- https://www.aacap.org/AACAP/Families_and_Youth/Resource_Centers/ADHD_Resource_Center/Home.aspx
- Anxiety Strategies Guide
- A Parent's Guide to Applied Behavior Analysis
- Behavioral Health Treatment Guide
- Challenging Behaviors Tool Kit
- Haircutting Training Guide
- A Parent's Guide to Pica
- Visual Supports

Adolescent/Transition

- Healthy Bodies for Boys
- Healthy Bodies for Girls
- Puberty and Adolescent Guide

Safety

- Big Red Safety Toolkit

Financial

- Financial Resources in Missouri
- Financial Planning Tool Kit

Websites

- Autism Navigator - www.autismnavigator.com
- Essentials for Parenting Toddlers and Preschoolers - <https://www.cdc.gov/parents/essentials/videos/index.html>
- OCALI - www.ocali.org
- Learn the Signs Act Early - <https://www.cdc.gov/ncbddd/actearly/index.html>

Additional comments and recommendations:

We recommend that you present this case again in:

▼

Signature: *Brittney Stevenson, MOT, OTR/L ; Michelle Dampf, MA, CCC-SLP*

Date:

10-25-2023

Form Status

Complete?

Complete ▼