



REFLECTIONS

A MONTHLY NEWSLETTER | OCTOBER 2022 ISSUE

NEW RESOURCE HANDOUTS

ECHO Autism Communities has hundreds of free evidence-based resources on our website and we are constantly adding more. Now, we've put together handouts to help share and navigate all of these amazing resources!

These printable handouts with easy-access QR codes are a great tool for professionals—and everyone—to give to patients, clients, friends, and families to show available resources at ECHOAutism.org.

Explore resource handouts for these topics:

- [New Diagnosis \(Under Age 4\)](#)
- [New Diagnosis \(Over Age 4\)](#)
- [Anxiety](#)
- [Behavior Basics](#)
- [Challenging Behavior](#)
- [Safety](#)
- [Education](#)
- [Puberty & Self-Care](#)
- [Transition to Adulthood](#)



CONGRATULATIONS TO TWO NEW GLOBAL PROJECT ECHO PROGRAMS!

Congratulations to Autismo Puebla A.C. (Mexico) and Instituto para el Desarrollo Infantil Arie (Peru)!

They are one step closer to starting their own ECHO Autism program. They have finalized their partner agreement with Project ECHO and are now ready to launch their own ECHO Program.

We look forward to supporting them through our ECHO Autism Communities partner liaison program.

LEARN ABOUT LURIE CENTER FOR AUTISM AT MASSACHUSETTS GENERAL HOSPITAL

This month we are turning the spotlight on the Lurie Center for Autism at Massachusetts General Hospital. They have relaunched their ECHO Autism: Primary Care program. The aim of this program is to teach Primary Care Physicians about screening, identification and red flags, and comorbidity management.

This ECHO Autism program meets for 60 minutes once a month on the 2nd Wednesday of the month starting October 12, 2022 and running through May 10, 2023.

The hub team is comprised of the following content experts:

- Ann Neumeyer – Pediatric Neurologist
- Lisa Nowinski – Psychologist
- Yamini Howe – Parent of child with autism
- Danielle Wagoner – Family Support Clinician
- Hannah Brooks – Coordinator

Congratulations to this amazing team for their work and dedication to autistic people and their families by supporting physicians who care for them.

Questions? Reach out to Hannah Brooks at HBROOKS2@mgh.harvard.edu

NEW ECHO AUTISM COMMUNITIES TEAM MEMBERS



Sarah Towne

- ECHO Autism: Program Coordinator
- Fun Fact! Sarah is crafty enough to make crafting her side hustle



Crystalena Oberweiser

- ECHO Autism: Psychology Content Expert
- ECHO Autism Communities Connections Program Manager
- Fun Fact! Crystalena collects Converse All Stars



Michael Hansen

- ECHO Autism: Psychology & ECHO Autism: Family Advocates Program Coordinator
- Fun Fact! Michael's favorite animal is the American bison.

Join us in welcoming these amazing new members of ECHO Autism Communities!

SPOTLIGHT ON ECHO 4 ECHO AUTISM

This month we are highlighting the ECHO 4 ECHO Autism program. This program was developed to ensure a successful launch and support sustainability for every ECHO Autism program.

What is ECHO 4 ECHO Autism?

ECHO 4 ECHO Autism is a virtual learning program intended to support partner ECHO Autism programs through the lifecycle of an ECHO from pre-launch to launch status and to become a strong, sustainable program. Participants in this program can identify and replicate essential components of ECHO 4 ECHO Autism to increase fidelity to the ECHO model for their own program.

Participation in the program is for anyone who leads, coordinates, or supports an ECHO Autism program as a hub team member. Launching a successful ECHO Autism program requires significant planning and preparation. This ECHO supports new and existing hub teams through a discussion of their program, sharing their successes and challenges, and providing recommendations intended to help a program overcome any barriers.

This program is spearheaded by the Executive Director of ECHO Autism and the ECHO Autism team over the departments of strategic initiatives, training, data, coordination, and global expansion. Participants will learn from various topics covering goal setting, gaining buy-in from stakeholders, roles, marketing, data and building your community. This ECHO meets monthly for 75-minutes and is attended by ECHO Autism partners all over the world.

If you are an ECHO Autism partner and would like to join the Meta ECHO Autism learning community, please reach out to Brandy Dickey at bdickey@missouri.edu.



The ECHO Autism Communities team is small, but mighty! It takes the entire team to accomplish all that we do! In October the team spent time together celebrating and reflecting on all that has been accomplished over the past three months.