



# REFLECTIONS

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A MONTHLY NEWSLETTER | FEB 2022 ISSUE

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## **FALL IN LOVE WITH THESE SYMPOSIUM SPEAKERS**

ECHO Autism Communities is so excited to be bringing Lindsey Nebeker and David Hamrick as speakers to this year's 2022 LIVE Symposium.

Lindsey received her autism diagnosis at age 2 and has since become a freelance presenter and serves on the national staff at the Autism Society of America. She is strongly focused on the message of presuming competence for all people regardless of their labels.

In 2015, audiences fell in love with her and her now husband's, relationship in the Emmy nominated documentary, "[Autism in Love](#)."

Since the release of the film, Lindsey and Dave have appeared together in Glamour, Good Morning America, NPR. Now, we're excited to bring them to the ECHO Autism Communities 2022 Symposium to discuss "Weathering Autism and Relationships."

Love what you see? Sign up for this virtual event today by [clicking here!](#)





## JOIN A VIRTUAL LEARNING PROGRAM

ECHO Autism is training professionals all over the world to better serve families diagnosed with autism spectrum disorder. Are you ready to become an ECHO Autism trained clinician?

ECHO Autism meets virtually on a regular basis with health care professionals all over the world.

ECHO Autism uses videoconferencing technology to connect a team of interdisciplinary experts and family advocates with primary care professionals. The discussions with, and mentoring from, specialists help equip primary care professionals and family advocates to give patients the right care, in the right place, at the right time.

Get started with us today by **[clicking here.](#)**

## SPOTLIGHT ON: DATING TIPS FOR AUTISTIC TEENS & ADULTS

It's the season of love, so what better way to celebrate than highlighting some of our go-to resources for dating on the spectrum?

Autism Speaks released a great list of tips from licensed psychologists Lindsey Sterling, Ph.D. and Siena Whitham, Ph.D., on ways to define and succeed in dating in the modern age.

From understanding "love fixations," to the benefits of trying out online dating, the two psychologists put together 10 tips for:

1. Asking someone on a date
2. Picking the right place
3. Going with the flow
4. Being open to dating more than one person
5. Asking questions that the other person will love to answer
6. Being interesting/interested
7. Being aware of body language
8. Making eye contact
9. Being aware of how you present yourself
10. Being safe

Read their full post today by **[clicking here!](#)**

## UNDERSTANDING THE DUAL DIAGNOSIS OF DEVELOPMENTAL AND BEHAVIORAL CONDITIONS WEBINAR

What are some of the myths you've heard (or even believed) working with a dual diagnosis of developmental and behavioral conditions? ECHO Autism Communities joined the MOADD Hub Team to explore some common myths and modifications in our latest webinar.

Together, we go over the definition of a dual diagnosis and how it pertains to the specific patients we see on a day to day basis. Then, our clinicians weigh in on ways to form an alliance with our patients and their families, so that we can best serve *their* goals, and help them along their journey.

Check out some of the short clips from the discussion section of the webinar on our [Youtube page](#). Then, watch the full webinar on demand, as well as others, at [echoautism.org/webinars](https://echoautism.org/webinars).

### Understanding the Dual Diagnosis of Developmental and Behavioral Conditions

#### Exploring Myths & Modifications

Join ECHO Autism and the MOADD Hub Team  
for this Take Action Webinar!

