

ECHO Autism Communities Symposium

Symposium Objectives:

1. Assess current topics critical to serving individuals with autism spectrum disorder
2. Reflect on the lived experiences of people with neurodiverse perspectives
3. Identify autism best practices that may enhance quality of life for people with autism spectrum disorder

Funding for the ECHO Autism Communities Symposium comes from the Missouri Department of Mental Health

❖ *ECHO Autism Communities is a part of the School of Medicine Department at the University of Missouri*

<p>Brenna Maddox Ph.D.</p>	<p>No Time to Waste: Prioritizing Mental Health for People on the Autism Spectrum <i>Objective 1:</i> Identify at least three self-managed approaches to reducing anxiety or depression. <i>Objective 2:</i> Describe the core components of cognitive-behavioral and mindfulness-based interventions. <i>Objective 3:</i> Identify at least two recommended adaptations to traditional cognitive-behavioral and mindfulness-based interventions for autistic people. <i>Brenna Maddox indicates no financial or non-financial relationships exist</i></p>
<p>Kelly Bermingham, MA, BCBA</p>	<p>The September 26th Project <i>Objective 1:</i> Participants will learn the key areas to be safe and prepared in the event of a fire or other natural disaster <i>Objective 2:</i> Participants will learn key areas when working with first responders to protect their child <i>Objective 3:</i> Participants will learn to work with their therapy team for continued practice and preparation for fires and natural disasters <i>Kelly Bermingham reports that no Financial or relevant non-financial relationships exist.</i></p>
<p>Renaë Beaumont, PhD</p>	<p>Secret Agent Society – Cracking the Code of Social Encounters <i>Objective 1:</i> To improve participants' knowledge and understanding of the Secret Agent Society program. <i>Objective 2:</i> To improve participants' knowledge, skills, and self-confidence in conducting social skills training with 8- to 12-year-old children on the Autism Spectrum. <i>Objective 3:</i> To improve participants' knowledge and skills in overcoming common challenges when conducting social skills training with children on the Autism Spectrum. <i>Financial Disclosure Renaë Beaumont is the author of the Secret Agent Society Program. I receive royalty payments on the sale of program materials and practitioner training courses from Social Skills Training Pty Ltd, the company that publishes and distributes the program. She receives Royalty payments on program materials.</i></p>
<p>Yetta Myrick, BA Pedro Velasco Patrina Dixon Catherine Miller, M.Ed., LPC</p>	<p>Intersectionality between Racism & Ablism – A Key Conversation <i>Objective 1:</i> Define Ableism <i>Objective 2:</i> Explore how race and ableism impact lived experiences for caregivers and autistic people <i>Objective 3:</i> Evaluate opportunities to reduce effects of racism and ableism across communities <i>Disclosure: Catherine Miller indicates a non-financial relationship of either having a child or family member that is affected by the topic of this presentation. Role: volunteer membership on advisory committee or review panels.</i></p>
<p>Lorri Unumb, J.D.</p>	<p>Global Policy and Advocacy – Hot Topics and Current Initiatives <i>Objective 1:</i> Participants will understand the Home and Community-Based Settings Waiver final settings rule and how it is being misinterpreted by many states. <i>Objective 2:</i> Participants will learn about the protections afforded people with autism in insurance matters by the federal mental health parity law. <i>Objective 3:</i> Participants will learn about advances in Medicaid coverage for adults with autism. <i>Lorri Unumb, J.D. identified a non-financial relationship of either having a family member or child that is affected by the topic of the presentation.</i></p>

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<p>Stephen Shore, Ed.D Haley Moss, J.D. Paul Kotler</p>	<p>Listen to the Spectrum <i>Objective 1:</i> Participants will obtain greater understanding of what is important to autistic people <i>Objective 2:</i> Participants will come away with at least 2 concrete suggestions to support autistic individuals <i>Objective 3:</i> Participants will learn strategies to authentically engage autistic people <i>Haley Moss, J.D. identified a financial relationship with the University of Missouri by receiving an honorarium for speaking.</i> <i>Stephen Shore, Ed. D identified a financial relationship with the ECHO Autism Communities Symposium which is a part of the University of Missouri by receiving an honorarium for speaking.</i></p>
<p>David Hamrick, MS Lindsey Nebeker, BA</p>	<p>Weathering Autism and Relationships <i>Objective 1:</i> Discover one couple’s perspective about love and the autism spectrum <i>Objective 2:</i> Compare and contrast their lived experience with preconceived ideas of dating and relationships <i>Objective 3:</i> Explore how characteristics of autism may affect romantic relationships <i>David Hamrick and Lindsey Nebeker indicated No Financial or relevant non-financial relationships exist.</i></p>
<p>Kristin Sohl, MD</p>	<p><i>Speaker Disclosures:</i> <i>Kristin Sohl, MD, FAAP has the following relationships:</i> •<i>Cognoa – research consultant and advisor</i> •<i>Quadrant Biosciences – advisory board</i> •<i>Autism Navigator – consultant</i></p>
<p>Rachel Brown, MBBS</p>	<p><i>Disclosures:</i> No financial or relevant non-financial relationships exist</p>

Day 1	Time	Location	Contact Name	Contact Phone
Breakfast	Enter time	Enter location	Enter contact name	Enter contact phone
Technical Workshop	Enter time	Enter location	Enter contact name	Enter contact phone
Lunch	Enter time	Enter location	Enter contact name	Enter contact phone
Client Visit	Enter time	Enter location	Enter contact name	Enter contact phone
Dinner	Enter time	Enter location	Enter contact name	Enter contact phone
Conference Call Meeting	Enter time	Enter location	Enter contact name	Enter contact phone
Other 1	Enter time	Enter location	Enter contact name	Enter contact phone
Other 2	Enter time	Enter location	Enter contact name	Enter contact phone
Other 3	Enter time	Enter location	Enter contact name	Enter contact phone

Notes/Additional Items

<p>Enter Notes/Additional Items</p>

Day 2	Time	Location	Contact Name	Contact Phone
Breakfast	Enter time	Enter location	Enter contact name	Enter contact phone
Technical Workshop	Enter time	Enter location	Enter contact name	Enter contact phone
Lunch	Enter time	Enter location	Enter contact name	Enter contact phone
Client Visit	Enter time	Enter location	Enter contact name	Enter contact phone
Dinner	Enter time	Enter location	Enter contact name	Enter contact phone
Conference Call Meeting	Enter time	Enter location	Enter contact name	Enter contact phone
Other 1	Enter time	Enter location	Enter contact name	Enter contact phone
Other 2	Enter time	Enter location	Enter contact name	Enter contact phone
Other 3	Enter time	Enter location	Enter contact name	Enter contact phone

Notes/Additional Items

<p>Enter Notes/Additional Items</p>
