



REFLECTION

A MONTHLY NEWSLETTER | OCT 2021 ISSUE



HAPPY HALLOWEEN FROM ECHO AUTISM!

Are your patients eager for Halloween weekend? So are we! But before we jump headfirst into the candy and costumes, we want to share a few helpful resources to make sure every child has a safe and fun holiday.

Autism Friendly Tips:

From sensory overload to disrupted routine, Halloween can be a little more "tricky" than "treat" for kids with some children with ASD. That's why Autism Speaks created [several guides](#) to help keep the night autism-friendly, including [this print out](#), which walks children through what they can expect from Halloween! Some other tips include:

- Take a sensory toy, headphones or ear plugs with you when you go somewhere that may have loud noises and sounds.
- If decorations, places and sounds make it hard for your child to enjoy Halloween activities, limit them. Skip them and find sensory-friendly activities instead.
- Have your child put on the costume a few times before Halloween so they get used to how it feels.
- Explain what happens during trick-or-treating so your child knows what to expect. Describe who they'll see and what they'll do and say. Use our teaching story and adapt it for your child.



ON-DEMAND EXPERT ADVICE

Did you know ECHO Autism now offers dozens of Expert Videos on demand?

As part of the ECHO Autism Expert Video series, we gathered autism professionals in all different fields to offer knowledge and advice on a myriad of topics.

Whether you want to learn more about sleep issues in ASD, advocacy, adult diagnosis, or therapy planning, we've got you covered.

Check out the Expert Videos today! Watch at your own pace, and then be sure to share with a fellow peer to help the knowledge network grow.

WATCH



SPOTLIGHT ON: UPCOMING ECHO CLINICS

We are introducing a NEW FREE MEMBERSHIP PLATFORM on our website featuring convenient access to information and resources for all participants who join our ECHO Autism programs. This streamlined process allows members quick access to program-specific resources, event calendar, and Zoom links giving the option to join each teleECHO session via our website.

Membership registration benefits:

- Immediate access to the ECHO Autism Program pages.
- Easy access to case presentation forms and didactic handout - much easier than SharePoint!
- Zoom links for each teleECHO session - adds another option to join in addition to email or calendar
- View and easily register for our other ECHO Autism programs

You can access this information anytime on the website at www.echoautism.org/clinics and selecting the desired program.

BEHAVIOR CRISIS PREVENTION TRAINING

Everyone, from doctors and nurses to protective and related services, caring for autistic patients will have an impact on both crisis prevention and de-escalation. That's why ECHO Autism is hosting another Behavior Crisis Prevention training this November 8th!

Who should attend?:

Missouri professionals who work in Emergency Departments or who are a part of a Hospital Medical Team.

This could include: RN, RN Manager, Security, Medic, Physician, Nurse Practitioner, Physician Assistant, Educational Specialist, Child Life Specialist, Patient Attendant Manager, Social Worker, Psychiatrist or other professionals who work as a part of a hospital medical team or with an emergency department.

Where is the training?

Online! This completely virtual training will be taking place wherever you are.

When is the training?

November 8th from 8am - 4:30pm (Central Time).

Ready to sign up? Learn more about the training and register today at <https://redcap.link/CrisisPrevention>

WATCH THIS WEBINAR CLIP

Going to the doctors office or hospital can be a little scary for any family! In this clip from one of the ECHO Autism webinars, Certified Child Life Specialist Amber Lashley discusses how parents can prepare their children with autism for hospital and doctor visits.

WATCH

